

Quick Holiday Makeovers

By Sr. NSD Pat Danforth

When our children were young we had a family “tradition” that Christmas morning didn’t begin until all of the family was awake. Needless to say, most times I was awakened by two pairs of eyes staring silently at my sleeping body! Given less than five minutes to make myself presentable for family snapshots, I opted to wear the nightgown ... and invest my time in doing something efficient ... yet effective ... with my face!



From those experiences came a presentation on 5-10-15 Minute Makeovers for Christmas Morning, Christmas Day, and New Year’s Eve.

Christmas Morning – Cleanse and apply a touch of your foundation. Follow with some brow pencil, if needed, a quick wave of the mascara wand, some blush, and lipstick or lip gloss.

Christmas Day – While dinner is cooking you can apply eye shadow, eye definer, and more mascara. Perhaps add a bit more foundation and cheek color. Make more of your lips with pencil and a brighter color. Dust with powder for a flawless finish.

New Year’s Eve – If you are going for a more glamorous look for the evening, be sure to start with your brows. Features tend to disappear in low light, and brows are no exception. Unless you have very dark, heavy brows, you may want to add a bit of color ... your brows should “frame your eyes” as your hair “frames your face”. Eye shadows, as well as liner, can be made more intense to accent the eyes. And a really effective look for lashes is to apply black/brown mascara heavily, then tip with black. The black/brown gives a more soft, natural look, while the black accents the length. Cheek color should be brighter, with powder over the entire face to blend the look together. Lip color needs to be richer ... try filling in the entire lip area with your lip liner, then apply a darker color of lipstick with a lighter color glazed over it. Use your lip gloss only in the centers of your lips (it spreads with body heat). You will be amazed at how natural, yet glamorous, you look!!

MARY KAY 5-10-15 MINUTE MAKEOVERS

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5 MINUTE CASUAL LOOK (Christmas morning):

Foundation – MK Foundation or Mineral Powder - barely there

Eyebrows - brush only unless need a touch of MK Brow Liner

Cheeks - MK Mineral Cheek Color - barely there

Eyes - MK Mineral Eye Color and/or Eyesicles Eye Color - lash to brow

Lashes - MK Mascara - in brown/black or black

Lips - MK Crème Lipstick, Tinted Lip Balm or NouriShine Lip Gloss - in a soft color

10 MINUTE PROFESSIONAL LOOK (Christmas day):

Camouflage - to correct blue -tone areas use Yellow Concealer applied with a Q-tip or brush

Foundation - MK Foundation or Mineral Powder - natural look

Camouflage - to touch up discolorations use a flesh-tone Concealer - with Q -tip or brush

Eyebrows - brush, then apply MK Brow Liner, brush again to soften

Cheeks - MK Mineral Cheek Color - natural look, soft edges

Eyes - MK Mineral Eye Color and/or Eyesicles Eye Color(s) - Base color is lash to brow;

Contour color is wedge shape in crease ... Line with MK Eyeliner or Liquid Eyeliner – softly behind upper & lower lashes

Set & Soften - dust face and eyelids with MK Loose or Pressed Mineral Powder

Lashes - MK Mascara - use brown/black on upper/lower lashes, tip with black

Lips - line and fill in lips with MK Lip Pencil to correct and enhance - apply MK Crème Lipstick, Tinted Lip Balm and/or NouriShine Lip Gloss

15 MINUTE GLAMOROUS LOOK (New Year's Eve):

Camouflage - to correct blue -tone areas use Yellow Concealer applied with a Q-tip or brush

Foundation - MK Foundation or Mineral Powder - add more if needed to natural look

Camouflage - to re -touch discolorations use a flesh-tone Concealer - with Q -tip or brush

Eyebrows - brush, then apply MK Brow Liner, brush again to soften

Highlight eye area - use Facial Highlighting Pen above outer brow and above cheekbone

Cheeks - MK Mineral Cheek Color - deepen color, still soft edges

Eyes - MK Mineral Eye Color and/or Eyesicles Eye Color - Base color is lash to brow;

Contour color is wedge shape in crease; Accent is subtle behind upper & lower lashes ...

line with MK Signature Eye Pencil or Liquid Eyeliner - more defined behind upper & lower lashes

Set & Soften - dust face and eyelids with MK Mineral Loose or Pressed Powder

Lashes - MK Mascara - use brown/black on upper/lower lashes, tip with black

Lips - line and fill in lips with MK Lip Pencil to correct and enhance - apply a dramatic color of MK Crème Lipstick and/or Tinted Lip Balm - apply NouriShine Lip Gloss to lip centers